



## Goal for 2026: Empowering our health and wellbeing

Our purpose is to empower and nurture our community to be thriving learners, compassionate citizens and positive contributors to their world.

### Key Actions: How might we get there?

#### Term 1-4

##### ACTION

Our school values are embedded, observed and lived across the school community

##### HOW

- Term 1 - Classroom agreements established and published with students as a shared language.
- Student change makers design school values initiatives for across the school
- Support staff wellbeing through regular check ins, relevant training on self-care and trauma informed practices.

#### Term 1-4

##### ACTION

Student wellbeing and mental health will be empowered through effective pedagogy, whole school approaches, and community awareness

##### HOW

- Weekly Open Parachute lessons taught in all classes
- Staff to be trained in Circle time approaches to enhance student participation
- Key wellbeing information to be shared with families through assemblies, parent workshops and classroom teachers through Class DOJO.

#### Term 1-4

##### ACTION

Audit and review our Open Parachute Wellbeing program for effectiveness and whole school cohesion

##### HOW

- Pre/Post Student wellbeing surveys (Term 1/Term 4)
- Teacher perspective surveys (Term 2/Term 4)
- Conferencing of Students Termly (focus groups)
- Parent survey tool established (Term 3)

### Progress Indicators

- Positive increase in high wellbeing measures as reported through the 'Engagement with School' and 'Emotional Wellbeing' domain collected through WEC survey Term 2 results.
- Positive increase in 'Class average' Open Parachute student survey results (Years 4-6 Terms 1 and 4)
- Termly student focus group conversations indicate positive student engagement and effectiveness of Open Parachute program using heat map process.
- Increase in school parent engagement survey measures for 'Learning at School' & 'Learning at Home' domains